Course Plan Intensive Everyday obedience courses

Session 1

Theory

- **Adapting the Environment**: Create a safe and secure place for the dog to explore at its own pace.
- **Checking In and Out with the Dog**: Ensure the dog's motivation for rewards and motivation through active choices in training or activity.
- **Rest and Recovery**: Understand the importance of periods of rest and recovery.
- **Rewards and Reward Signals**: Use praise, treats, or play to motivate and reinforce desired behaviors.
- **Checking In and Out with the Dog**: Determine the dog's motivation for rewards, provide opportunities for active choices in training or activity, and give a clear end to the training or activity.
- **Rewards and Reward Development**: Find the right reward to motivate, encourage, and reinforce desired behaviors in the dog.
- **Conditioning Words and Signals**: Associate words or signals with specific behaviors through positive reinforcement.
- **Handling with Positive Reinforcement**: Train the puppy to be handled without fear or stress, for example, during brushing or nail clipping.
- **Silent Training**: Train the dog without verbal signals and encourage independent thinking.
- **Stay**: Motivate the dog to confidently stay in one place until you return.

Exercises

- Exercise - Adapting the Environment
- Exercise - Cuddle Together, 3-Second Rule
- Exercise - Determine the Dog's Motivation for Rewards (Check in the Dog)
- Exercise - Determine if the Dog is Motivated for Cooperation ("Are You Ready")
- Exercise - End Training or Activity (Check Out the Dog)
- Exercise - Find the Right Reward
- Exercise - "Brainwashing" the Dog's Name
- Exercise - "Brainwashing" the Reward Signal
- Exercise - Fear Free Handling
- Exercise - Silent Training
- Exercise - Motivation for External Rewards
- Exercise - Stay: Decrease - Increase Time
- Exercise - Stay: Decrease - Increase Distance
- Exercise - Stay: Decrease - Increase Time and Distance
- Exercise - "Brainwashing" the Stay Signal - External Reward
- Exercise - Stay - Apply the Stay Signal
- Exercise - Stay in Motion

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Session 2

Theory

- **Following**: Motivate the dog to follow you on a loose leash for pleasant walks.
- **Recall**: Train the dog to associate the recall signal with rewards and to always happily return when called.
- **Interrupt Unwanted Behaviors**: Redirect the dog's attention from unwanted to desired behaviors with rewards and positive reinforcement.

Exercises

- Exercise - Adapting the Environment
- Exercise - Walk Nicely on a Leash with Spontaneous Reward
- Exercise - Back Up - Turn Around - Follow
- Exercise - "Brainwashing" the Follow Signal
- Exercise - Follow with Spontaneous Reward - Add Signal
- Exercise - Back Up Turn Around - Add Follow Signal
- Exercise - "Brainwashing" the Pep Signal
- Exercise - Move Forward - Back Up - "Pep"
- Exercise - "Brainwashing" the Recall Signal
- Exercise - Move Forward - Back Up - Add Signal
- Exercise - Recall when Meeting a Person and/or Dog
- Exercise - Motivation for Eye Contact
- Exercise - "Brainwashing" the "Hello" Signal
- Exercise - Add the "Hello" Signal
- Exercise - "Hello" in Real Situations

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