



MICHAEL RUDKRANTZ
HUNDBETEENDEUTREDARE - HUNDKOACH

Course Plan Triple Everyday obedience courses

Session 1

Theory

- **Environmental Adaptation:** Create a safe and secure place for the dog to explore at its own pace.
- **Check-in and Check-out:** Ensure the dog's motivation for rewards and engagement through active choices in training or activities.
- **Rest and Recovery:** Understand the importance of periods of rest and recovery.
- **Rewards and Reward Signals:** Use praise, treats, or play to motivate and reinforce desired behaviors.
- **Conditioning Words and Signals:** Associate words or signals with specific behaviors through positive reinforcement.
- **Handling with Positive Reinforcement:** Train the puppy to be handled without fear or stress, for example, during brushing or nail clipping.
- **Silent Training:** Train the dog without using verbal signals to encourage independent thinking.

Exercises

- Exercise - Environmental Adaptation
- Exercise - Cuddle Together, 3-second rule
- Exercise - Determine the dog's motivation for rewards (Check-in the dog)
- Exercise - Determine if the dog is motivated for cooperation ("Are you ready?")
- Exercise - End training or activity (Check-out the dog)
- Exercise - Find the right reward
- Exercise - "Brainwashing" the dog's name
- Exercise - "Brainwashing" the reward signal
- Exercise - Fear Free Handling
- Exercise - Silent Training



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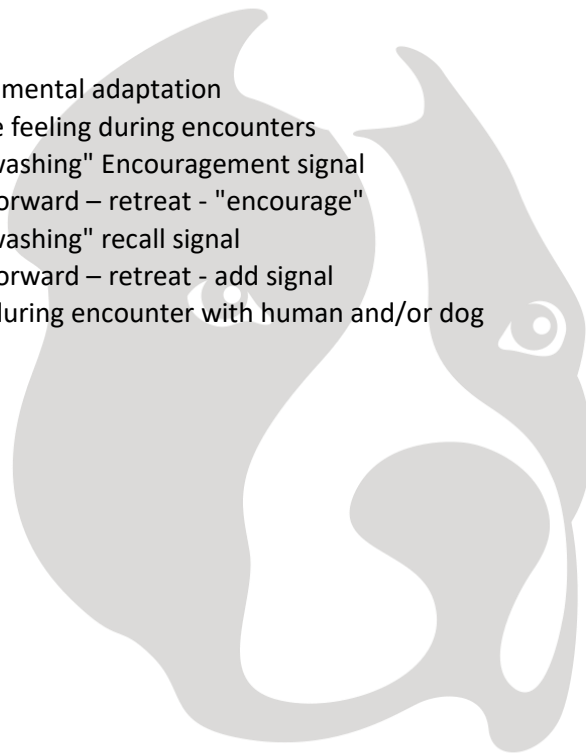
Session 1

Theory

- Positive feeling during dog encounters: Train the dog to feel safe and positive during encounters with other dogs or humans.
- Recall: Train the dog to associate the recall signal with rewards and to always happily return when called.

Exercises

- Exercise - Environmental adaptation
- Exercise - Positive feeling during encounters
- Exercise - "Brainwashing" Encouragement signal
- Exercise - Move forward – retreat - "encourage"
- Exercise - "Brainwashing" recall signal
- Exercise - Move forward – retreat - add signal
- Exercise - Recall during encounter with human and/or dog





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Session 3

Theory

- **Compliance:** The aim is to motivate your dog to follow you on a loose leash for enjoyable walks. By creating positive associations with being close to you, the dog can learn to naturally want to follow you.
- **Interrupt Unwanted Behaviors:** Redirect your dog's attention from unwanted to desired behaviors using rewards and positive reinforcement. This means noticing and rewarding the behavior you want to see more of and ignoring or redirecting from the behavior you want to decrease.

Exercises

1. **Environment Adjustment:** Prepare the training environment to minimize distractions and maximize the chances for your dog to succeed. Create a positive and safe environment for training.
2. **Walking Nicely on a Leash with Spontaneous Reward:** Spontaneously reward your dog when it walks nicely by your side on a leash. This reinforces the desired behavior.
3. **Backing Up - Turn Around - Compliance:** Teach your dog to back up, turn around, and continue following you. This can help strengthen compliance and attention to you.
4. **The "Brainwash" Compliance Signal:** Introduce a specific signal indicating that you want your dog to follow you. Repeat the signal and reward compliance.
5. **Compliance with Spontaneous Reward - Add Signal:** Continue rewarding spontaneous compliance and introduce a signal associated with this behavior.
6. **Backing Up and Turning Around - Add Compliance Signal:** Combine the exercise of backing up and turning around with the compliance signal.
7. **Motivation for Eye Contact:** Motivate and reward your dog for making eye contact with you, which can improve attention and communication.
8. **The "Brainwash" "Hello":** Introduce the signal "Hello" to get your dog's attention in various situations.
9. **Add the Signal "Hello":** Use the signal "Hello" in training situations to reinforce attention and response.
10. **"Hello" in Real Situations:** Practice the signal "Hello" in realistic situations where you really need to get your dog's attention.



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