



MICHAEL RUDKRANTZ
HUNDBETEENDEUTREDARE - HUND COACH

Intensive Puppy Course Plan

Session 1

Theory

- **Adaptation of the Environment:** Create a safe and secure place for the puppy to explore at its own pace.
- **Checking In and Out:** Ensure the puppy's motivation for rewards and engagement through active choices in training or activities.
- **Rest and Recovery:** Understand the importance of periods of rest and recovery.
- **Rewards and Reward Development:** Find the right reward to motivate, encourage, and reinforce desired behaviors in the puppy.
- **Conditioning Words and Signals:** Associate words or signals with specific behaviors through positive reinforcement.
- **Positive Handling (Fear Free):** Train the puppy to be handled without fear or stress, such as during brushing or nail clipping.
- **The Mat:** Train the puppy to feel secure and relax on a mat.
- **Contact:** Create a strong and positive relationship where the puppy voluntarily seeks and maintains eye contact with the owner.
- **Redirect Unwanted Behaviors:** Redirect the puppy's attention from unwanted behaviors to desired ones using rewards and positive reinforcement.

Exercises

- Exercise - Adaptation of the Environment
- Exercise - Finding the Right Reward
- Exercise - Determine the Puppy's Motivation for Reward (Check In the Puppy)
- Exercise - Determine if the Puppy is Motivated for Cooperation
- Exercise - End Training or Activity (Check Out the Puppy)
- Exercise - Find Treats
- Exercise - Hidden Treats
- Exercise - Cuddle Together, 3-Second Rule
- Exercise - "Brainwash" the Puppy's Name
- Exercise - "Brainwash" the Reward Signal
- Exercise - Fear Free Handling
- Exercise - Go to the Mat
- Exercise - Lie on the Mat
- Exercise - Lie on the Mat - Add a Signal
- Exercise - Stay on the Mat for a Longer Period
- Exercise - Treat or Toy Behind the Back
- Exercise - The Scarecrow

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1



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- Exercise - The Playful Friend
- Exercise - Motivation for Eye Contact Behavior
- Exercise - "Brainwash" with "Hello"
- Exercise - Add the Signal "Hello"
- Exercise - "Hello" in Practice





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Session 2

Theory

- **Positive Greeting:** Train the puppy to feel safe and have a positive feeling when greeting people.
- **Hand on Heart:** Teach the puppy to sit down when meeting people.
- **Loose-Leash Walking:** Train the puppy to walk by your side with a loose leash for enjoyable walks.
- **Drop It/Release:** Train the puppy to drop things on cue in a fun and positive way.
- **Recall:** Teach the puppy to associate the recall signal with positive rewards and always return happily.

Exercises

- Exercise - Adaptation of the Environment
- Exercise - Positive Feeling When Greeting
- Exercise - Hand on Heart
- Exercise - Hand on Heart - Greet a Person
- Exercise - Reward Walk
- Exercise - Back Up for Attention
- Exercise - Contact During Walks
- Exercise - Loose-Leash Walking with Spontaneous Rewards
- Exercise - "Brainwash" the Loose-Leash Walking Signal
- Exercise - Back Up - Turn Around - Add Loose-Leash Walking Signal
- Exercise - Reward When the Puppy Drops an Item
- Exercise - "Brainwash" the Drop Signal
- Exercise - Drop an Item - Add the Signal
- Exercise - Drop an Item on Signal
- Exercise - Back Up - Lure - Encourage
- "Brainwash" the Recall Signal
- Exercise - Back Up - Lure - Add Signal
- Exercise - Recall on Leash During Walks
- Exercise - Motivational Recall



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